

# Thank you!

Congratulations to

**Harp Road Club**

for raising

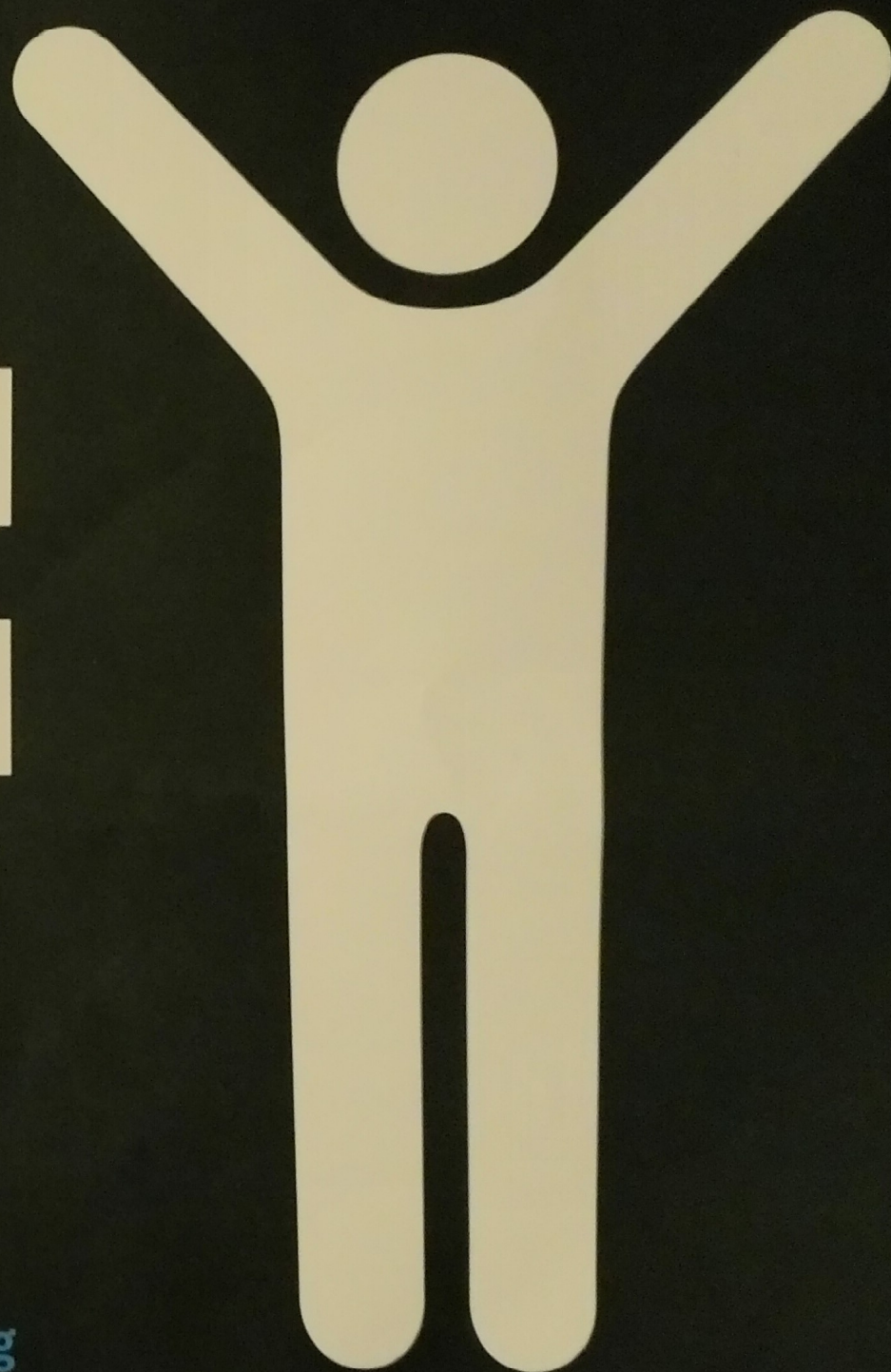
**£ 400.00**

**Thank you for helping to fight the most  
common cancer in men**



**PROSTATE  
CANCER UK**

[prostatecanceruk.org](http://prostatecanceruk.org)





cyclists fighting cancer

Eversfield, Shipston Road,  
Alderminster,  
Stratford upon Avon CV37 8NY  
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Email [info@cyclistsfc.org.uk](mailto:info@cyclistsfc.org.uk)  
[www.cyclistsfc.org.uk](http://www.cyclistsfc.org.uk)

20<sup>th</sup> February 2018

Dear Michael,

Thank you very much to the Harp Road Club for the cheque for £400 to Cyclists Fighting Cancer.

This will go towards helping children and young people with cancer. It has been proven that physical activity provides numerous physical and emotional benefits. Recently, we received feedback from a mother whose son, Joseph, is finishing his treatment for a brain tumour and received a trike from us. She said that he has made lots of improvement already and is loving his trike. She is thrilled with his progress and very proud of his determination and also said that Joseph having a trike has helped her depression by enabling them to get out of the house and see people. It's hearing positive feedback like this that inspires us to help more children and young people living with cancer and it demonstrates the benefits of a bike or trike not just to the child but also to their family.

2018 is an exciting year for CFC as we have a team of cancer survivors taking on Race Across America to raise funds and awareness and we are launching a new initiative called CFC Active to provide one to one sessions with specially trained exercise advisers for teens and young adults living with and beyond cancer to help them get more active and confidently take up a new sports and pastimes. Staying active is an essential component in overcoming almost all side-effects presented by cancer treatment.

Thank you again for your generous support and we'd love to see Harp Road Club members at our events in March and May! If you'd like more information, please let me know or visit <https://www.cyclistsfc.org.uk/events/>

Yours sincerely,

Jo Sweby

Fundraiser

Cyclists Fighting Cancer

[jo@cyclistsfc.org.uk](mailto:jo@cyclistsfc.org.uk)

